



PA-AST Spring Workshop

Lackawanna College 501 Vine St. Scranton, PA 18509

Saturday, March 29th, 2025

7:00am – 3:00pm

7:00 – 7:55	Registration & Breakfast
7:55 – 8:00	Welcome & Opening Remarks
8:00 – 8:50	“Inguinal Hernia Repair: Open, Laparoscopic, Robotic? Which is really the best?” Dr. Timothy J Farrell, MD
9:00 – 9:50	“Hand Surgery: Up and Coming Techniques” Amanda Gawel, MPAS, PA-C
10:00 – 10:50	“Cataracts- Past and Present” Molly Billig, CST
11:00 – 11:50	“Neurosurgical Navigation in Surgery” Dr. Darren L Jacobs, DO
12:00 – 1:00	Lunch
1:00 – 1:50	“Introduction to Inspire Sleep Therapy” Rob Wojtowicz, Inspire Medical Systems
2:00 – 2:50	“Compassion Fatigue Among Medical Professionals” Rachel Drosdick-Sigafoos, Ph.D.
2:50 – 3:00	Closing Remarks

6 Live CEs Pending (members will have CEs reported by PA-AST)

Learning Objectives:

1. Learners will compare and contrast the different surgical approaches to inguinal hernia repairs referencing their indications, advantages, disadvantages, and potential complications.
2. Understand the advancements in surgical techniques of cataract procedures.
3. Understand how neurosurgical navigation in surgery facilitates innovative procedures.
4. Understand how compassion fatigue affects medical professionals and learn strategies for self-care to prevent or manage it.

Registration Fee: A Pre-Registration link will be sent out via email by PA-AST to members and will also be available at <https://pa.ast.org/>. Contact bekanichd@lackawanna.edu or dotzelm@lackawanna.edu for any questions regarding registration. Registration will be completed on Square.

AST Members: (advanced payment only): \$30.00

AST Members (at the door): \$35.00

Non-AST Members: \$50.00

Students: \$20.00

Hotel Info:

Spring Hill Suites by Marriott Scranton Montage Mountain

19 Radcliffe Dr, Moosic, PA 18507

Phone: (570) 207-1212

There is a room block available until March 7th. Call the hotel directly and ask for PA-AST Spring Workshop rates or email bekanichd@lackawanna.edu for the room block link